

A FUNDAMENTAL PRINCIPLE OF AUSTRALIAN RACING IS THAT HORSES MUST RACE FREE OF THE PHARMACOLOGICAL (OR TOXICOLOGICAL) EFFECTS OF DRUGS OR OTHER SUBSTANCES.

TO ASSIST IN MAINTAINING THIS PRINCIPLE, IT IS **NOT PERMITTED TO ADMINISTER ANY MEDICATION TO A HORSE ON RACE DAY PRIOR TO IT RUNNING IN A RACE** [AR 178E(1)].

**"MEDICATION"** MEANS ANY TREATMENT WITH DRUGS OR OTHER SUBSTANCES.

AS A GENERAL PRINCIPLE, ANY SUBSTANCE ADMINISTERED WITH THE INTENT OR HOPE OF ACHIEVING A PHARMACOLOGICAL OR THERAPEUTIC EFFECT WILL BE CONSIDERED AS MEDICATION UNDER THE RULES.

**PRODUCTS THAT CLAIM TO PROVIDE PHARMACOLOGICAL EFFECTS AND TO BE UNDETECTABLE.**

THERE ARE NUMEROUS PRODUCTS, OFTEN HERBAL OR HOMEOPATHIC PREPARATIONS, THAT CLAIM TO PROVIDE SIGNIFICANT PHARMACOLOGICAL EFFECTS SUCH AS A DIURETIC ACTION, ANALGESIA, ANTI-INFLAMMATORY ACTIONS OR BRONCHODILATOR ACTIONS AND ALSO CLAIM TO BE UNDETECTABLE BY LABORATORY TESTING.

THESE TYPES OF PRODUCTS FALL WITHIN THE DEFINITION OF A MEDICATION AND ARE NOT PERMITTED TO BE ADMINISTERED TO A HORSE ON RACE DAY PRIOR TO A RACE. FURTHERMORE, THE PRESENCE OF SUCH PRODUCTS IN A STABLE MIGHT ALSO CONTRAVENE AR 80E.

**ROUTES OF ADMINISTRATION OF MEDICATION NOT PERMITTED ON RACE DAY**

**ANY SUBSTANCE** ADMINISTERED TO A HORSE ON RACE DAY PRIOR TO RACING, WHETHER BY INJECTION, STOMACH TUBE, PASTE, DOSE SYRINGE, TOPICAL APPLICATION OR BY INHALATION, AMONGST ANY OTHER ROUTES OF ADMINISTRATION, **WILL BE CONSIDERED A MEDICATION**. ONLY NORMAL FEEDING AND SUPPLEMENTATION, ACCORDING TO MANUFACTURERS' RECOMMENDATIONS FOR NORMAL DAILY USE, THAT CAN BE ACHIEVED BY THE HORSE VOLUNTARILY EATING OR DRINKING THE FEEDSTUFF CAN BE CONSIDERED ACCEPTABLE ON THE DAY OF RACING. **CLAY POULTICES** MAY BE APPLIED TO THE LEGS NO LATER THAN THE DAY BEFORE RACING AND MUST NOT BE RE-APPLIED ON RACE DAY BEFORE THE RACE.

**NOTE: ALL INJECTIONS (INCLUDING BLOOD SAMPLING FOR HEALTH CHECKS), STOMACH TUBING AND ALKALINISING AGENTS ARE ALSO BANNED WITHIN THE ONE CLEAR DAY BEFORE RACING**



**PHYSICAL THERAPIES NOT PERMITTED ON RACE DAY**

THE FOLLOWING PHYSICAL TREATMENTS ARE **NOT** PERMITTED, BY ORDER OF THE STEWARDS, TO BE USED AT ANY TIME BEFORE RACING ON THE DAY OF RACING.

**PHYSICAL TREATMENTS WHICH ARE NOT TO BE GIVEN PRE-RACE ON RACE DAY INCLUDE**, BUT ARE NOT LIMITED TO:

ACUPUNCTURE (INCLUDING LASER AND INFRA-RED TREATMENT)  
TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION (TENS)

MAGNETIC FIELD THERAPY  
AND ANY OTHER FORM OF ELECTRICAL STIMULATION

THERAPEUTIC ULTRASOUND

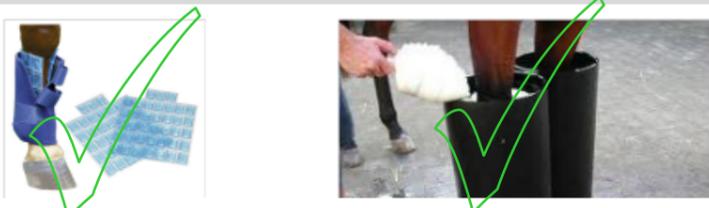
**EXTRA-CORPOREAL SHOCK WAVE (ESWT)** TREATMENT OF RACEHORSES IS PROHIBITED FOR **SEVEN (7) CLEAR DAYS** PRIOR TO RACING (AR 64H).



**PERMITTED ON RACE DAY**

**APPLICATION OF ICE / COLD WATER TO MUSCULOSKELETAL STRUCTURES**

THE APPLICATION OF ICE OR CHILLED WATER TO, OR THE USE OF WHIRLPOOL BOOTS OR SYSTEMS SUCH AS 'GAME READY' ON MUSCULOSKELETAL STRUCTURES ARE PERMITTED IN THE TRAINERS' STABLES ON THE MORNING OF THE RACE DAY BUT ARE NOT PERMITTED IN THE RACE DAY STALLS ON THE RACECOURSE PRIOR TO THE HORSE RUNNING IN A RACE.



**SEEK PERMISSION — TOPICAL APPLICATIONS**

WHILE TOPICAL APPLICATIONS ARE CONSIDERED TO BE MEDICATIONS, CIRCUMSTANCES MAY ARISE WHEN A HORSE MAY SUFFER A MINOR INJURY THAT DOES NOT AFFECT ITS SUITABILITY TO RACE BUT WOULD BENEFIT FROM THE PROPHYLACTIC APPLICATION OF A TOPICAL ANTIBIOTIC OR ANTISEPTIC ON RACE DAY PRIOR TO THE RACE.

IN SUCH CIRCUMSTANCES, **A TRAINER MUST APPLY TO THE STEWARDS** FOR PRIOR PERMISSION TO ADMINISTER THE MEDICATION BEFORE ITS USE.



**THE APPLICATION OF HOOF OILS**

THE APPLICATION OF ROUTINE HOOF OILS OR DRESSINGS IS PERMITTED ON THE DAY OF RACING, EXCEPT IF THAT PRODUCT CONTAINS MEDICATIONS OR HERBS AND CLAIMS TO HAVE THERAPEUTIC EFFECTS.



**BABY OIL & PETROLEUM JELLY**

BABY OIL AND PETROLEUM JELLY ARE PERMITTED.



**SHAMPOOS & FLY SPRAYS**

SHAMPOOS AND FLY SPRAYS ARE PERMITTED.



**VIBRATORY MASSAGE**

VIBRATORY MASSAGE SYSTEMS MAY BE USED IN THE TRAINERS' STABLES ON THE MORNING OF THE RACE BUT ARE NOT PERMITTED TO BE USED IN THE RACE DAY STALLS ON THE RACECOURSE.



**IF YOU ARE UNSURE PLEASE CONTACT RACING NSW VETERINARY DEPARTMENT OR STEWARDS  
DR CRAIG SUANN 02 8344 5050 OR STEWARDS 02 9551 7541**